

Lent: A Time of Renewal

February 18 – April 1

Overview of Lenten & Other Ongoing Opportunities for Prayer, Fasting, & Almsgiving

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Join Us at Mass Weekend Masses: Saturday 5pm, Sunday 7:30am, 9am, 10:45am, 12:15pm & 5pm Weekday Mass: 7:45am</p>		<p>Pray Lent daily with <i>The Little Black Books</i>. Copies available in the Parish Center office while supplies last.</p>	<p>February¹⁸ Ash Wednesday</p>	<p>¹⁹</p>	<p>²⁰ Abstain from meat today Stations of the Cross 6pm</p>	<p>²¹ Meditation 7am Laurence Freeman Film Series: 8 Big Problems of Life 8:30am Confessions following 8am Mass</p>	
<p>Receive CRS Rice Bowls at Mass ²² First Sunday of Lent</p>	<p>²³ Step 11 Meditation 10:30am Adoration 2:30pm-8:45pm</p>	<p>²⁴</p>	<p>²⁵ Meditation 2pm</p>	<p>²⁶ Bring nonperishable food to church to help feed those in need at area food pantries.</p>	<p>²⁷ Abstain from meat today Stations of the Cross 6pm</p>	<p>²⁸ Meditation 7am Laurence Freeman Film Series: 8 Big Problems of Life 8:30am Confessions following 8am Mass</p>	
<p>March ¹ Intro of Parish Mission at all Masses Second Sunday of Lent</p>	<p>Step 11 Meditation 10:30am ² Adoration 2:30pm-6:30pm ³ Parish Mission: Running the Paschal Mystery with Terry Nelson-Johnson Monday, Tuesday, Wednesday evenings in church at 7pm ⁴</p>			<p>⁴ Meditation 2pm</p>	<p>⁵ Catholics 14 and older are to abstain from meat on the Fridays in Lent. Those who are 18 but not yet 59 are to observe the Paschal fast on Good Friday. Fasting is a sacrifice that strengthens and purifies us. Learn more on our parish website.</p>	<p>⁶ Abstain from meat today Lenten Fish Fry Stations of the Cross 6pm</p>	<p>⁷ Meditation 7am Lenten Morning of Meditation 8:30am-Noon Confessions following 8am Mass</p>
<p>⁸ Third Sunday of Lent</p>	<p>⁹ Step 11 Meditation 10:30am Adoration 2:30pm-8:45pm</p>	<p>¹⁰ Receive our weekly parish bulletin electronically. It is filled with resources for lifelong learning, reflection and prayer. Email your address to info@stjohnofthecross.org.</p>	<p>¹¹ Meditation 2pm</p>	<p>¹²</p>	<p>¹³ Abstain from meat today Stations of the Cross 6pm</p>	<p>¹⁴ Meditation 7am Laurence Freeman Film Series: 8 Big Problems of Life 8:30am Confessions following 8am Mass</p>	
<p>Crossroads Teens and Parish 3rd & 4th Graders Easter Basket Svc. Project ¹⁵ Fourth Sunday of Lent</p>	<p>¹⁶ Step 11 Meditation 10:30am Adoration 2:30pm-8:45pm</p>	<p>¹⁷</p>	<p>¹⁸ Meditation 2pm</p>	<p>¹⁹</p>	<p>²⁰ Abstain from meat today Stations of the Cross 6pm</p>	<p>²¹ Meditation 7am Laurence Freeman Film Series: 8 Big Problems of Life 8:30am Confessions following 8am Mass</p>	
<p>²² Fifth Sunday of Lent</p>	<p>²³ Step 11 Meditation 10:30am Adoration 2:30pm-8:45pm</p>	<p>²⁴ Parish Communal Reconciliation Service 7pm</p>	<p>²⁵ Meditation 2pm</p>	<p>²⁶ Pray the Rosary before and after daily Mass and on Tuesdays at 9:05am in the Mary Chapel.</p>	<p>²⁷ Abstain from meat today Stations of the Cross 6pm</p>	<p>²⁸ Meditation 7am Freeman Film Series: 8 Big Problems of Life 8:30am Additional priests available for Confession following 8am Mass</p>	
<p>Palm Sunday ²⁹ Return CRS Rice Bowls at Mass</p>	<p>³⁰ Step 11 Meditation 10:30am Adoration 2:30pm-8:45pm</p>	<p>³¹</p>	<p>April ¹ Meditation 2pm</p>	<p>Holy Thursday ² Mass of the Lord's Supper 7pm</p>	<p>Good Friday ³ Stations of the Cross at Noon The Passion of Our Lord 3pm Day of fast and abstinence</p>	<p>Holy Saturday ⁴ Basket Blessing 11am The Easter Vigil 7:30pm</p>	

Catholic Relief Operation Rice Bowl invites us to live in solidarity with the poorest and most vulnerable through prayer, fasting and almsgiving. Fill your CRS box with spare change in a spirit of generosity to empower and transform the lives of our brothers and sisters in need. Go to our website for daily reflections, weekly prayers, meatless recipes and more.

Christian Meditation is prayer of silence, stillness and simplicity. Come try it, especially if you are longing for something more.