



ST. JOHN OF THE CROSS ATHLETIC ASSOCIATION

SIXTH GRADE SPORTS INFORMATION AND FORMS

Students entering 6th grade are required to have the State of Illinois Certificate of Child Health Examination (DHS form) on file with the nurse's office. We are able to accept this as the sports physical. There is a question on the form for the physician to complete regarding Interscholastic Sports- **the "yes" box must be marked**. There is also a parent section which must be completed and signed. You will find a link to this form at the bottom of this page.

To ensure that all athletes have a current physical on file for the entire school year, **all physicals must be administered between May 1st and August 1st, of the current year**. Please consider making an appointment with your child's physician before July 15th. If your child's physical is not on file by August 1st of the current year, this may delay his/her participation in sports during the upcoming school year.

In addition to the sports physical, students participating in school sports are also required to turn in the Athletic Association emergency form, and the concussion form and the parental pledge form. Links to these forms are also at the bottom of this page.

If you have any questions, please contact Laura Nemecek at nemecek@sjc.pvt.k12.il.us.

Links:

[State of Illinois Certificate of Child Health Examination](#)

[Athletic Association Emergency Form](#)

[Concussion Form](#)

[Parental Pledge](#)