



## ST. JOHN OF THE CROSS ATHLETIC ASSOCIATION

### 5<sup>TH</sup>, 7<sup>TH</sup>, AND 8<sup>TH</sup> GRADE SPORTS INFORMATION

Students entering 5<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade are required to have the IESA Pre-participation Examination form on file with the athletic office. *There is a parent section on this form which must be completed and signed.* You will find a link to this form at the bottom of this page.

To ensure that all athletes have a current physical on file for the entire school year, all **physicals must be administered between May 1<sup>st</sup> and August 1<sup>st</sup>, of the current year.** Please consider making an appointment with your child's physician before July 15<sup>th</sup>. If your child's physical is not on file by August 1<sup>st</sup> of the current year, this may delay his/her participation in sports during the upcoming school year.

**Please Note: Sports physical exams will NOT be administered at school this year.** All sports physicals will need to be administered by your physician.

In addition to the sports physical, students participating in school sports are also required to turn in the Athletic Association emergency form, and the concussion form. Links to these forms are also at the bottom of this page.

If you have any questions, please contact Laura Nemecek at [nemecek@sjc.pvt.k12.il.us](mailto:nemecek@sjc.pvt.k12.il.us).

Links:

[IESA Pre-participation Examination Form](#)

[Athletic Association Emergency Form](#)

[Concussion Form](#)

[Parental Pledge](#)