

PARENT PLEDGE TO SJC ATHLETICS – TO BE SIGNED EACH SCHOOL YEAR

Please read, initial each item and sign below.

1. I pledge to have my child to all practices and games on time. I also pledge to be on time to pick up my child from all practices and games. This shows respect for the coach's time and it shows my child that is my top priority. _____

2. I pledge to use positive encouragement to fill my child's "Emotional Tank" because athletes do their best when their "Emotional Tank" is full. I understand the top three reasons kids play sports are: to learn new skills, to make new friends, and to have fun. I understand that the game is for the players, and I will keep sports in the proper perspective. _____

3. I pledge to "Honor the Game". I understand the importance of setting a good example for my child. No matter what others may do or say, I will show respect for all involved in the game including, but not limited to, coaches, players, opponents, opposing fans, and officials. I understand that officials make mistakes. If the official makes a "bad" call against my team, I will "Honor the Game" and not involve myself. _____

4. I pledge to refrain from yelling out instructions to my child. I understand that this is the coach's job. I understand that games can be chaotic at times when children are trying to deal with fast-paced action and responding to opponents, teammates and coaches. I will limit my comments during the game to only encouraging my child and other players for both teams. _____

5. I pledge to refrain from making negative comments about my child's coach or other team members in my child's presence. I understand that this plants a negative seed in my child's mind that can negatively influence my child's motivation and overall experience. _____

I will honor the Parent Pledge in my words and actions.

Parent Signature

Date