



dancing
WITH class
www.dancingwithclass.org



Seven Week Ft. Nightly at St John of the Cross!

8th graders are formally invited to experience an exciting, engaging and fun program!

Week #1/February 23rd: Introduction to Social Dance

Week #2/March 2nd: Etiquette & More Social Dances

Week #3/March 16th: 50's Theme Night

Week #4/April 13th: Review/Introduce New Dance

Week #5/April 20th: Latin Theme Night

Week #6/May 4th: Hustle Theme Night

Week #7/May 11th: Final Review & Showcase for Parents

Classes held from **7:00- 8:30 p.m** (please arrive 10-15 minutes before class). Students will learn a mix of Ballroom, Latin, Swing, and Hustle. Don't miss out!

Instruction provided by Dancing with Class, Chicago's leading ballroom, Latin and swing dance studio. For more information about all they have to offer, visit www.dancingwithclass.org



Over the course of this 7 week program, your son/daughter will:

- Build character and self-esteem
- Practice social etiquette such as eye contact; saying thank you; making introductions
- Learn how teamwork is required for success
- Study the origin and cultural significance of a variety of dance forms
- Develop skills that lead to an active, healthy lifestyle
- Be transformed into Ladies and Gentlemen!

Middle School Social Dance: FAQ

WHY SOCIAL DANCE?

Eighth grade is a good time for children to gain the social skills needed to confidently participate in family weddings, bar and bat mitzvahs, and school dances. Social dance lessons are considered a rite of passage in some schools, and many parents remember attending similar lessons when they were younger.

WHAT WILL THE CLASSES BE LIKE?

The majority of each lesson will be devoted to learning dances such as swing, salsa, waltz, merengue and more. The class may also include a brief period of free dance. Dance etiquette is also taught, such as how to ask for a dance and how to escort your partner to and from the dance floor. Students do not choose their own dance partners most of the time. Instead the instructors pair the ladies and gentlemen in a way that alleviates the awkwardness of finding a dance partner.

The students are expected to behave like proper ladies and gentlemen. Anyone whose behavior reflects a potential for interfering with the success of the program, in the opinion of the class moderator, will be asked to leave the program. Fees are non-refundable for students asked to leave the program.

Parent involvement is extremely important and we will be asking for parent volunteers to chaperone the program. In addition all parents are invited to attend the final class on May 11, 2018.

WHAT IS APPROPRIATE ATTIRE?

Dress shoes must be worn at all times; sneakers on not allowed. Gentlemen should wear slacks, dress shirts and a tie; ladies wear an appropriate length dress or skirt, no strapless or spaghetti straps, please.



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